

# A Premed Student's Steps to Medical School

Getting Into Medical School



**College Freshman Year**

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**Explore Your Options for Careers in Medicine**

Visit Aspiring Docs website  
Meet with an advisor  
Attend prehealth meetings  
Apply to summer programs  
Explore financial aid options

**Summer**

2

**Get Some Experience**

Participate in enrichment programs  
Volunteer or intern in the field

**College Sophomore Year**



**Stay on Track for Medical School**

3

5

**Make a Game Plan With Your Advisor**

Taking a gap or growth year  
Post-bacc programs  
When to take the MCAT exam  
Letters of recommendation  
Premed and other required course work



Things to discuss with your advisor

**College Junior Year**

Get research or internship experience  
Review AMCAS application process  
Look into Fee Assistance Program  
Review the MCAT registration process

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**Get More Experience and Look at Resources**

**Summer**

Work with your prehealth advisor  
Attend prehealth meetings  
Volunteer/work in a medical-related field



6

**Register for the MCAT Exam**

Register early!  
Use Medical School Admission Requirements to compare schools  
Begin filling out AMCAS application

**Summer**

Finalize and submit your AMCAS application  
Continue to volunteer/work

**College Senior Year**

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**Prepare for Medical School Interviews**

Consult with your advisor  
Get interview tips from Aspiring Docs website

**Receive Letters of Acceptance or Rejection**

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This infographic represents a basic timeline of the steps toward medical school. Your advisor and AAMC resources can help you individualize the timeline and steps.

[aamc.org/students](http://aamc.org/students)

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**Get Ready for Medical School**

Buy books  
Find a place to live  
Attend orientation programs and matriculate

**College Graduation**

**If waitlisted or rejected:**  
Talk with your advisor  
Consider a gap year or post-bacc program  
Explore at [students-residents.aamc.org/postbacc](http://students-residents.aamc.org/postbacc)

**If accepted:**  
Decide which medical school you want to attend  
Complete FAFSA and financial aid forms; visit FIRST at [aamc.org/FIRST](http://aamc.org/FIRST)

